

	6 to 12 years old	13 to 15 years old	16 & 17 years old (all ranks Juvenile 1 & 2)	Adult & Master (white belt)	Adult to Master 7 (blue belts)	Adult to Master 7 (purple, brown & black) Except Adult No Gi	No Gi Adult (purple, brown & black belts)
Submission techniques stretching legs apart	×						
Choke with spinal lock	×	×					
Straight ankle lock	×	×					
Forearm choke using the sleeve (Ezequiel choke)	×	×					
Frontal guillotine choke	×	×					
Omo-plata	×	×					
Triangle (pulling head)	×	×					
Arm Triangle	×	×					
Wrist Lock	×	×					
Lock inside the closed guard with legs compressing kidneys or ribs	×	×	×				
Muffler	×	×	×				
Single leg takedown while the attacking athlete has his head outside his opponents' body	×	×	×	×			
Bicep slicer	×	×	×	×	×		
Calf slicer	×	×	×	×	×		
Knee bar	×	×	×	×	×		
Toe hold	×	×	×	×	×		
Heel hook	×	×	×	×	×	×	
Locks twisting the knees	×	×	×	×	×	×	
Knee Reaping	×	×	×	×	×	×	
In straight foot lock turning in the direction of foot not under attack	×	×	×	×	×	×	
In toe hold, applying outward pressure on the foot	×	×	×	×	×	×	
Slam	×	×	×	×	×	×	×
Spinal lock without choke	×	×	×	×	×	×	×
Scissor Takedown	×	×	×	×	×	×	×
Bending fingers backwards	×	×	×	×	×	×	×
Grab the opponent's belt and throws him to the floor on his head when defending a single leg situation while his opponents head is on the outside of his body.	×	×	×	×	×	×	×
Suplex takedown technique, landing with the opponents' head or neck on the ground.	×	×	×	×	×	×	×
Jumping guard	×	×	×	×	×	×	×

**** Kids must have mouthguards ** No metal on gear , padding is okay ** No reset if stalling ** Allowed to pull guard with or without grips****